



Occupational Therapy Taster Event 2020-21

UNIVERSITY OF WORCESTER

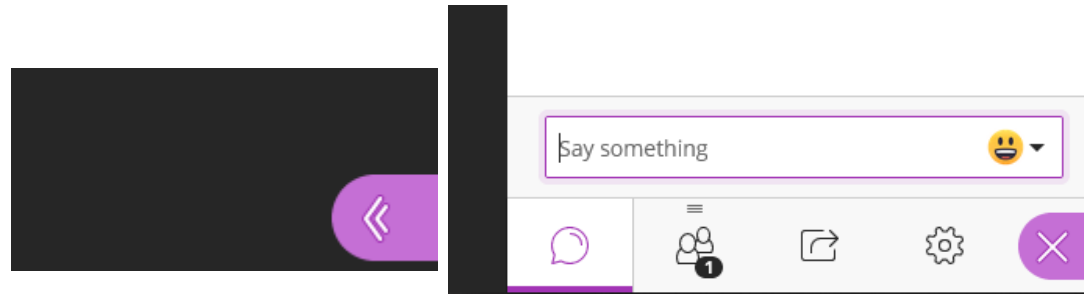
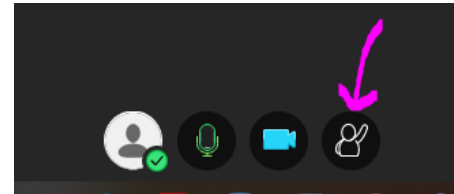
WELCOME TO UNIVERSITY OF WORCESTER

TASTER EVENT FOR OCCUPATIONAL THERAPY



Virtual Housekeeping

- Please mute your microphones and turn off your cameras whilst we are all in the 'main room'
- If your internet cuts out you will probably 'leave' the session so just go back to the link and join us again
- If you would like to ask a question please raise your hand!
- Or post a question in the 'Chat to Everyone' area:



- We will be recording the session

This evening's talk

5.30 – 6.15pm

- Introductions
- What is Occupational Therapy?
- What do Occupational Therapists do?
- Studying to be an Occupational Therapist

6.15 – 7.15pm

- Meet the students
- Meet Impact Team Members
- What's your occupation!

7.15 – 7.30pm

- Any questions / round up of evening

Now some
important
questions for
you!

Please be ready to join in!

You will need your phone or a new tab open to complete this task on Vevox

3 Questions to find out more about you!

What is.....

..... OCCUPATIONAL THERAPY?



Royal College of Occupational Therapists

“Occupational therapy provides practical support to empower people to facilitate recovery and overcome barriers preventing them from doing the activities (or occupations) that matter to them. This support increases people's independence and satisfaction in all aspects of life” (*RCOT 2019*)

World Federation of Occupational Therapists

“Why we’re here

Making lives fit for living.

To enable engaged, meaningful lives,
for everyone”



What do we
mean by
'occupation'?

"Occupation" as a term refers to practical and purposeful activities that allow people to live independently and have a sense of identity. This could be essential day-to-day tasks such as self-care, work or leisure." (RCOT 2019)

But what do Occupational Therapists actually do?

“Occupational therapists play a critical role in helping people of all ages overcome the effects of disability caused by illness, ageing or accident so that they can carry out everyday tasks or occupations.” *(RCOT 2019)*

- Occupational therapists consider the person (physical and psychological needs), the environment and the occupation they need or want to carry out.
- They assess to see why someone may be experiencing challenges with the occupations they need or want to do and also assess the person's strengths.
- They then work with the person and anyone important to them to enable them to achieve their potential.

Where do Occupational Therapists work?

[Back to Vevox!](#)

Where do Occupational Therapists Work?

Charities

Prisons

Schools

Social care

Commercial organisations

Ambulance Service

Job centres

Hospitals

GP surgeries

Day centres

Care Farms

Fire Service

.....and many more
places!

What skills do you need?

To be a good Occupational therapist you need to have...

- Well-developed communication, observation and problem-solving skills
- The ability to think outside the box and work under pressure
- Good creative and practical skills
- Enthusiasm, sensitivity and patience to deal with a range of needs
- The ability to explain, encourage and build confidence, and develop rapport with people
- Be able to work in a team or on your own

(iseethedifference.co.uk 2019)

Studying for a 3 Year Degree

- Approved by the Health and Care Professions Council and Accredited by the Royal College of Occupational Therapists
- Full time
- 1000 hours minimum in practice placements
- Practical as well as academic learning and assessment
- Teaching with other disciplines
- Innovative and creative
- Have a look at the new RCOT #ChooseOT Careers Website:
- <https://chooseot.co.uk/>

Course Structure

BSc(Hons) Occupational Therapy

| | | | | |
|--------|---|---|-----------------------------------|---------------------------------------|
| Year 1 | Foundation Sciences A: Anatomy & Physiology B: Psychology | Philosophy & Practice of Occupational Therapy | Health, well being and Occupation | Foundations for Professional Practice |
| | | | Evidence based Practice | Placement 1 |
| Year 2 | Factors Affecting Occupation | Enabling Occupation | Team working | Placement 2 |
| | | | Research methods | Placement 3 |
| Year 3 | Advanced Professional Diversity | Independent Study (Dissertation) | Leadership | Placement 4 |
| | | | Employability | Placement 5 |

Practice Education

Placements under supervision
OT staff

5 placements: 1000+ hours

Year 1 & 2: 2.5 days per week

Year 3: Full-time 8 week
blocks



Requirements of Practice Education



Travel to Placement (car useful but not necessary – Herefordshire, Worcestershire, Gloucestershire & beyond)



Professional Behaviour & Communication



Uniforms and Appearance



Reflective portfolio using Pebblepad



Pass or Fail

Entry Criteria



Look at the University Website for details



Contact the admissions team



Study at Level 3



Advisable to get some experience with an occupational therapist or something relevant / linked



Be passionate about the profession and show that you understand the diversity of the profession

Why Worcester?

Friendly, supportive staff team and student cohorts

Strong academic & pastoral support system

Excellent graduate employment prospects

Inclusive admissions; accept students with a wide range of qualifications

Inclusive, innovative teaching involving expert local clinicians and service users

Team clinical and research interests cover a range of areas.

Learning Environments



INNOVATIVE TEACHING



Assessments

- Some examples:
 - Essays
 - Individual / group presentations
 - Practical assessments (eg: running a group)
 - Poster presentations
 - Oral viva
 - Portfolios
 - Placement assessment
 - No exams!
- We assess in lots of different ways



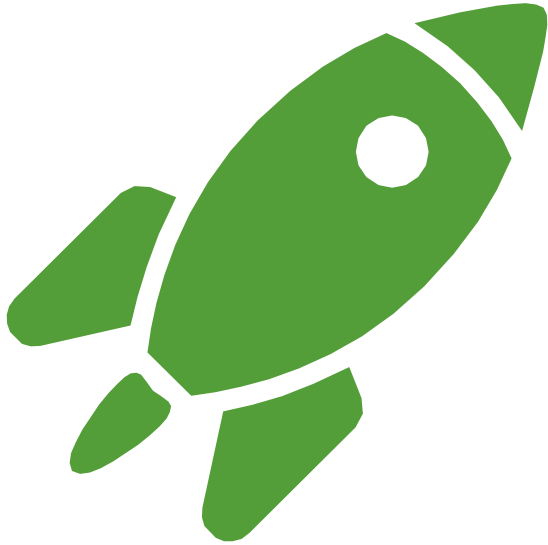
Academic & pastoral support systems

- Every student has a Personal Academic Tutor
- There is excellent support within the university through First Point and the Student Union

Finance

- Office for Students – I see the difference:
<https://www.iseethedifference.co.uk/funding/>
- Council of Deans for Health – The Funding Clinic
<https://thefundingclinic.org.uk/>
- The NHS Business Services Authority:
<https://www.nhsbsa.nhs.uk/learning-support-fund/about-learning-support-fund>

What next?



We will put you into 4 groups....

Meet the students

Meet Impact Team Members

Placement Questions

What's your occupation!

Please remember your Group number!

If your internet fails and you leave the group, please come back into the main room via the original link and I will then put you back into your group (so really do remember the number you were with!)



Find out more about Occupational Therapy....

Have a look at the following websites:

- Royal College of Occupational Therapists

<https://www.rcot.co.uk>

- Office for Students – I See the Difference website:

<https://www.iseethedifference.co.uk>

- NHS Careers

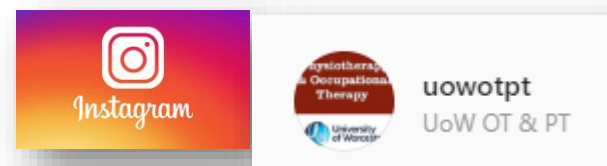
<https://www.healthcareers.nhs.uk>

Follow us on Social Media!

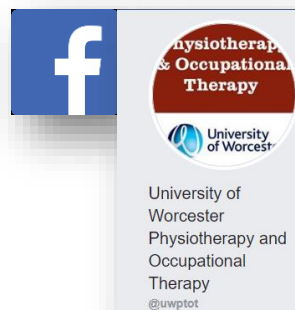
We have Twitter, Facebook and Instagram Accounts so please find us and follow us!



@UoW_OT



@uowotpt



@uwptot

We would
value your
thoughts...

There are a few remaining questions for you on Vevox if you could take a little time to complete them.

Thank you



Any questions?



Thank you

KEEP IN TOUCH.....

SOPHIE SMITH

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